



# The Homepage

STAYING CONNECTED TO SAYBROOK IS LIKE COMING HOME

VOL 5 JAN 2012

Alumni Association Newsletter • Graduate College of Psychology and Humanistic Studies

NO. 1

## FROM YOUR EDITOR,

By **Lezlie A. Kinyon**, PhD '06,  
**Celebrations of Winter: Occupy the Holidays**

This issue of the Home Page is particularly *juicy!*



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## MESSAGE FROM THE DIRECTOR OF ALUMNI RELATIONS

By **George Aiken**, MA '01, PhD '06,  
Fellow Alumnus & Director of Alumni Relations

The Saybrook Alumni Association and Alumni Council had robust 2011, filled with *Best Ever* Events, and anticipates an even better 2012.

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## PROFILE: DRS. BONNIE & DAVID PAUL

By **Marilyn Rand**, PhD '86

The name of the experimental education process, "Freedom to Choose," (FTC) was derived from the work of Viktor Frankl, who was a psychiatrist interred in a concentration camp in World War II.



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By **Elliot Benjamin**, PhD, currently  
dissertating.

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By **Jed Jones**, PhD, '06



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By now, we've all had a chance to look at President Dr. Mark Schulman's Proposal for Saybrook's Future - I would like to present some discussion of this proposal as a centerpiece of the Winter Homepage.



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## PENS REPORT: STOP TORTURE!

Friends: Help sign on to get Psychology out of the business of torture. It just takes a minute. Peace, Marc Pilisuk, Ph.D.

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**Challenges Faced By Saybrook Alum in Higher Education**

By **Nanette Burton Mongelluzzo**, PhD, '06



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## DO YOU PRACTICE WHAT YOU PREACH?

By **Shana Garret**, PhD '09

One of the primary reasons I chose Saybrook, and I suspect several of you as well, was based on the theories and beliefs of practicing an approach that was based on humanistic

scholarship and the desire to create change through dedicated practice and educating others.

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## THE DSM-5

**Saybrook becomes the first university to sign petition against planned changes for the DSM-5**

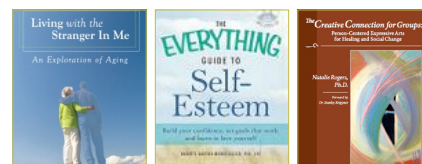
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## NEW PUBLICATIONS BY SAYBROOK ALUMNI

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## SAYBROOK ALUMNI-STUDENT MENTORING PROGRAM

To sign up as a mentor, send an email to [SaybrookAlumniAssociation@Saybrook.edu](mailto:SaybrookAlumniAssociation@Saybrook.edu)

## FINAL WORD

By **Tom Greening**, University Faculty  
Here is what it means to me to be a humanistic scholar in the 21st Century.

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This issue of the Home Page is particularly “juicy”: profiling alumni Bonnie & David Paul in their ground breaking work, a terrific selection of new publications, and some

announcements from the Alumni council that will address some long time concerns both within the Saybrook community and the place of humanistic scholars in higher education as well: a mentoring program and a Saybrotok Press.

I, personally, am really excited about these two developments and in participating in them. In particular, the press will help put Saybrook on the map. In the Humanistic tradition, it is a much needed press. I also follow somewhat of what is announced by graduates and current students, it seems that quite a few are opting for the self-publishing & POD options. There are one hundred arguments for and against this option, however, for scholars, the peer-reviewed university press is not an option, but necessary in order to land that elusive grant or university position.

It's January already, and while, for some traditions, the final celebrations of Twelfth Night and, for our British and Irish colleagues, the venerable day of Wren Hunting are still to be looked forward to: for the most part the boxes of tinsel and holiday fru-fru are returning to the basement and attics, the colorful paper put away, and the CDs of holiday music back on the shelf. There is still time, for a few words about the month just passed.

I have always hated the “vanilla-flavored” Midwinter Holiday season. The general: “go out and buy stuff” atmosphere, the TV ads that parody the jazz and rock catalog for “catchy” tunes to sell cars and refrigerators, the traffic, everywhere: a frantic need to “celebrate”. I especially object to the “multi - generational” liberal protestant services the Sundays before and after Christmas itself wherein the minister says a few not-to-offend-anyone words about inclusion and honoring all the traditions of Midwinter. Mentioning Chanukah, Kwanzaa and Winter Solstice in passing and launching into “Silent Night” (with or without the folk-y guitar) with the congregants.

It just gets worse and worse every year, doesn't? I ask myself every year about this time: how can we change this?

Not on the personal level (we all do that, anyway) but on the cultural level? Truthfully, I don't know. If you do, write a letter and I'll print it in the next Home Page.

Sure, I curl up with popcorn and - yet another - PBS holiday special. I call on the neighbors, attend a couple favorite holiday events, send cards to friends and relatives, and search for The Tree under which are a few packages (bought in July) of items for beloved family and friends. It's the rest of it I object to. It was the disingenuous obligatory visits to relations I don't know (or never liked, anyway) that made the whole “holiday-thing” a nightmare for me as a child. This annual pilgrimage made the holidays something to be mostly dreaded rather than celebrated. (It still makes me shudder.) So, this year - and, every year since sometime in the 1970s, I stopped celebrating the same holiday the media carves up and serves to us wholesale on an “on sale today only!”-red-and-green-holly-bedecked platter. I began to look at the symbols of the season: the rich history and folklore behind all those sprigs of mistletoe; the oldest versions of the carols we all mumble through; and why we drag greenery into the house at mid-winter every year. The tale is rich, many-layered with cultural symbols and myth both sacred and ... well... occasionally, naughty. (Such as that mistletoe mentioned above.)



There is of course, the beautiful sacred traditions of the world's religions, be it the Christian Advent, the Birth of Sol Invictus as the Sun Child from darkness, or the tale of the Lamp in Temple burning on with only enough oil for one night, or the crossing of the sun across the equator: these traditions create a place in our hearts by observing and understanding their meanings with conscious intent. It is important, when greeting one's friends at this time of year, or planning that “multi - generational liberal service” that these stories passed to us over the centuries are not

the same story. The unifying myth in the Northern Hemisphere is the return of the light and the hope of spring. Scratch the surface of even one of the stories, and you find very different meanings - and, layers of meanings - celebrated by the peoples who also mark mid-winter with a day of celebration. Otherwise one ends up with that aforementioned vanilla-flavored hash that does disservice to everyone across the board. Even more tragically, a moment for insight is lost.

Alongside these stand the folk traditions of mid-winter: for thousands of years, we humans gathered at the darkest time of the year around a feast table and danced certain dances, sang special songs, feasted on carefully prepared food saved for just this night, and warmed each others hearts (and, hearths) with the stories of who we are as a people, as a family, as an individual.

Long ago, the celebration would last a month or so, until the weather allowed for safe travel, and no one knew if it would be the last winter for our elders or the very young. So we wished one another year of good harvest, peace, health, long life, and joy for the new year. We gazed into the dark winter sky, and if we lived far enough north, we gazed in awe at the dancing lights of the north and created a story about them passed on each year to ourselves and to our children. If we live in the warmer climes of the world, we made other stories and told them to our children. These are the stories that tell us who we are. We forget them at our peril. It often seems that we modern Americans have forgotten or misplaced so much in the head-long rush to create our Modern World. Therefore, in 2012 and beyond Occupy the Holidays. All of them, from Wren Hunting on St. Stephan's Day through "the progressions of the Equinoxes" (and Solstices) and on into next harvest season. There is an ineffable quality of wonder and a sense of seeing into the vastness of time and culture in mindfully participating in the sacred and folk traditions of the seasons. As many have discovered, there is also a real danger that these traditions are being forgotten except by a few odd antiquarians such as myself, replaced by the tinsel and consumerism of "mall culture". Whatever your tradition and heritage, I invite you to look to the meaning and the cultural wealth (literally) at our fingertips and discover, or re-discover, our holidays in a different light.

In this spirit, I will trek up to Muir Woods on Winter Solstice with friends who share my spiritual path and witness one of the oldest traditions of Midwinter: a performance of the Abbott's Bromely Horn Dance. Afterwards, we'll walk in the forest and remember why we celebrate the season. (To see a video of this dance performed by the Lord Conyers Morris Men

in South Yorkshire go here: [http://www.youtube.com/watch?feature=player\\_detailpage&v=abewt3EWE-c](http://www.youtube.com/watch?feature=player_detailpage&v=abewt3EWE-c)

And this I wish for you, as I write a small brace of days before another Solstice: May you find joy and good health in this holiday season and may your loved ones be with you.

My blog:

<http://lezie1.wordpress.com/spirituality-the-path-i-walk/>

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#### MESSAGE FROM THE DIRECTOR OF ALUMNI AFFAIRS -continued-

The Saybrook Alumni Association and Alumni Council had robust 2011, filled with *Best Ever* Events, and anticipates an even better 2012. We started by picking up where we left off in December of 2010. We held ten (10), more, very successful Alumnae/i Dinners in various locals around the country; we published four of the best ever editions of the *Alumni Homepage*—thank you, *Homepage* editor, Lezlie Kinyon; we saw the best ever year of *Alumni Messenger* contributions and associated *Update* newsletters; we held a successful Alumni Homecoming at the August 2011 RC, where for the first time, panels of alumnae/i interviewed executive faculty members on live webcasts; in cooperation with Saybrook faculty member, Dr. Stan Krippner, we co-sponsored the best ever Saybrook Annual APA Dinner; we re-envisioned the Alumni Council, adding regional and young student representation; we began the process of changing the PHS Alumni Council Bylaws to the Saybrook University Alumni Council Bylaws; we held two regional alumni events; we initiated an Alumni-Student Mentoring Program, in cooperation with the newly formed Saybrook Student Association—to become an alumni mentor, write to [SaybrookAlumniAssociation@Saybrook.edu](mailto:SaybrookAlumniAssociation@Saybrook.edu); and much more.



Among all of these activities, the most popular events were probably the Alumni Dinners. University President Dr. Mark Schulman and Alumni Director Dr. George Aiken, often joined by their wives, visited 16 alumni dense locations around the country. The first dinners were held in 2010 in DC; NY City; Boston; and Phoenix, Tucson, and Prescott, AZ. In 2011, Mark and George visited Orlando and Ft. Lauderdale, FL; Dallas and Austin, TX; Denver, CO; Los Angeles and Berkeley/Oakland, CA; and finally, Honolulu, Maui, and the Big Island, HI. Often, as many

as half of the alumni population in any of these areas attended the dinners/luncheons, sometimes with their partners as guests. In some locations, students were also invited, a few of whom received welcome encouragement from the alumnae/i, who had walked the Saybrook path before them.

The most significant quality of these events was the sense of ease, connectedness, and intellectual compatibility among alumni (and students), who had matriculated/graduated over a four decade span. We were among like-minded people, and were able to talk about new, interesting, and intriguing topics that might not be welcome, or might be misunderstood, in other environments. As always, at Saybrook, and at these events, also, intellectual curiosity was and is valued and encouraged, it is the sine qua non of our encounters. As the byline of the *Homepage* newsletter states, Staying Connected to Saybrook is Like Coming Home.

The success of the alumni dinners inspired the Alumni Council to realign itself, with council members representing their respective geographical areas or regions, and agreeing to organize an area alumnae/i activity or event at least once every year or two. With the implementation of this plan, the Council has grown to 15, and we look forward to many area/regional homecomings in the years to come. The *Alumni Council* and the *Alumni Association* will work toward implementing these and other initiatives in the coming year, and we expect 2012 to be another exceptional year for Saybrook alumnae/i.

Yours always,

George A. Aiken, M.A., Ph.D. (Saybrook '01 & '06)

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PROFILE : DRS BONNIE (PHD '06) & DAVID (PHD '06) PAUL  
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*“Between stimulus and response there is a space. In that space is the power to choose our response.*

*In our response lies our growth and our freedom.”*

- Viktor Frankl

Freedom to Choose (FTC) began in 2004 as an all-volunteer outreach education program. The original program focused on teaching decriminogenic

communication and specific life skills to inmates at Valley State Prison for Women (VSPW). The FTC Basic two-day workshop is co-directed and co-facilitated by the husband-and-wife team Dr.'s. David and Bonnie Paul (both Saybrook '06). A one-day, advanced workshop to train mentors is given the day before the two-day Basic workshop.

The program, presented simultaneously in English and Spanish, was originally developed for women serving life sentences in prison. The goal was to support a more meaningful life; whether or not parole was granted. The majority of women in VSPW came from a background of abuse. The FTC Program is an experiential, life skills workshop that assists people in taking personal responsibility in healing past trauma and its emotional counterparts, anger and hurt. Healing these hurts serves to reduce or prevent recurring patterns of conflict and violence.

The FTC program is based on the perspective that each of us is a divine (Spiritual) being having a human experience. Within this perspective, each person is automatically worthy of love and respect, since each person has a divine (spiritual) essence. Based on that perspective, everyone has the capacity to acknowledge what happened in life, and the ability to make a conscious choice to forgive. Forgiving the judgments of what happened in life releases unconscious hurt and allows both healing and replacement of old self-limiting beliefs with new, more useful self-beliefs. Many participants describe feeling as if a “weight has been lifted” from them in the course of the workshop.

David and Bonnie describe their work with FTC as a “work of the heart.” Since its inception, they have volunteered their time and energy to co-direct, produce and facilitate sixteen FTC programs at VSPW, serving over 1,700 inmates. Based on the results at VSPW, the Santa Barbara County Re-entry Committee encouraged David and Bonnie to expand this work to men and women reentering society after serving prison sentences and also to people on probation or in substance abuse treatment who were at high risk for re-offending.

To date, three FTC workshops have been presented in Santa Barbara County, and more are planned for next year. Interviews with participants about their experiences can be found on the foundation's website. Preliminary data suggests that the program effectively reduces recidivism and assists in successful reintegration into society for former offenders.

Due to the success of the program in both the prison and the community, David and Bonnie formed the Freedom to Choose Foundation ([www.freedomtochoosefoundation.org](http://www.freedomtochoosefoundation.org)), a nonprofit 501(c)(3) corporation to bring this life changing work to more people and communities that are asking for this type of work. The current goal of the foundation is to conduct a five-year pilot project to collect data on effectiveness of the reentry program in order to develop a model for education and rehabilitation that would be applicable within diverse communities.

David and Bonnie were awarded the inaugural Service to

Humanity Award by the University of Santa Monica (USM) at the August, 2011 graduation ceremony for their FTC program contributions.

The Foundation is seeking funding and individual donations to expand the workshops to additional prisons and communities. Saybrook students and alumni can participate as community volunteers in Santa Barbara County workshops. There are many research opportunities available for qualified researchers. If you are interested, please email [info@freedomtochoose.net](mailto:info@freedomtochoose.net). More information, along with the award-winning documentary about this work can be found at:

[www.freedomtochoosefoundation.org](http://www.freedomtochoosefoundation.org).

### David Paul, M.D., Ph.D. '06

Dr. David Paul is faculty for Saybrook University's College of Mind-Body Medicine and is also faculty at University of Santa Monica, serving in both the Spiritual Psychology Master's Degree program and in the postgraduate Consciousness, Health, and Healing Program. He earned his M.D. at Jefferson Medical College and his Ph.D. in Psychology at Saybrook University.

### Bonnie Paul, Ph.D. '06

Dr. Bonnie Paul is a University of Santa Monica faculty member, serving in both the Spiritual Psychology Master's Degree program and in the postgraduate Consciousness, Health, and Healing Program. She earned her Ph.D. in Psychology at Saybrook University. She was also interviewed about her work in Freedom to Choose for Arianna Huffington's book: *On Becoming Fearless*.



### Marilyn Rand Ph.D., M.F.C.C.

Marilyn Rand, Ph.D., (Saybrook '86) M.F.C.C. is a licensed therapist and consultant in private practice in Tarzana, California. Dr. Rand's practice specializes in psychotherapy, psychological testing, educational testing, summary reports, and personal growth.

Dr. Rand also consults to public and private entities in academic, business, and legal settings. Dr. Rand was a founding member of two psychological corporations and is active on the Board of Directors of a large non-profit full service mental health center.

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OP/ED : OCCUPY AMERICA

-continued-

### By Elliot Benjamin, Ph.D.

Elliot Benjamin is a philosopher, mathematician, counselor, musician, writer, Ph.D. psychology candidate at Saybrook University, and teaches psychology at various

schools both on-campus and online, and mathematics online. Elliot has a Ph.D. in mathematics, is the author of the book *Modern Religions: An Experiential Analysis and Expose*, and has written over eighty published articles in the fields of humanistic and transpersonal psychology, spirituality and awareness of cult dangers, creative art and mental disturbance, pure mathematics, and mathematics enrichment. Elliot lives in Maine and enjoys playing the piano, tennis, and ballroom dancing.

It seems that no-one knows exactly what to make of the Occupy movement all across the United States. I have finally moved up a notch from my philosophizing about the Occupy movement (Benjamin, 2011, *Humanistic Psychology, Progressive Politics, and the "Occupations."* Retrieved October 28, 2011, from [www.integralworld.net](http://www.integralworld.net)), as I have begun participating in my local Occupy Bangor, Maine group ([www.occupybangor.org](http://www.occupybangor.org)). I was there a few days ago on Saturday, the first day of the occupation, as I brought my sign that said "Violence Leads to More Violence! Challenge Obama in the Primaries Now!!!" and took part in the General Assembly meeting. And I must say, the whole experience for me was moving—somehow I was affected by being part of this group in a way that I did not anticipate.

As I assimilate my first day experience with Occupy Bangor and prepare to attend my second General Assembly meeting tomorrow, I am trying to understand why this is all having such enormous impact on me. I find myself spending hours every night immersed in reading various political articles on the Internet, much of which is focused on the Occupy movement, and my heart is telling me that I belong with Occupy Bangor, even though the logistics only lends itself for me to be there on an occasional basis. But seeing my sign join with the other signs, ranging from taxing the rich to ending the wars, and being with the idealistic young and old people who are courageously making a statement to challenge the greed, corruption, and militarism that runs our country, is heartwarming to me. But perhaps what has moved me more than anything else about Occupy Bangor was witnessing Direct Democracy (<http://directdemocracynow.org/>) firsthand at the General Assembly meeting.

The General Assembly is run by consensus, as the philosophy is for everyone to feel empowered, in direct contrast to the reality of living in the current United States for the "99%." And the feeling I had at this meeting was indeed one of authentic democracy and empowerment. The facilitator was a young long-haired man who looked very much like the hippies in the 1970s whom I came of age with. I was quickly impressed with

this young man's skill and sensitivity in his facilitation of the General Assembly group, patiently listening to what people had to say, while effectively and efficiently guiding the group organization process to keep things moving and not get bogged down in unnecessary details. It was quite cold out that day, and everyone was anticipating the snow storm that would soon be coming to greet the Occupation Bangor overnight campers on their first day. But people stayed through the process, and I saw and felt true democracy in action.

After various announcements and logistics were taken care of, the group—which consisted of about twenty-five or thirty people—discussed various proposals from “working groups.” One of the proposals involved giving links on the Occupy Bangor website to other groups that appeared to share the Occupy philosophy. However, one young woman who was extremely involved in overseeing legal precautions and decisions, and very opinionated in a variety of Occupy concerns, expressed her strong feeling to not include links to any organizations other than Occupy groups. I found myself raising my hand to speak, and I expressed my disagreement with what she said, as I suggested that decisions to give links and/or recommend other organizations be done on a case-by-case basis. I further stated that I did not think Occupy Bangor should artificially restrict itself from uniting with other groups, as this was a way to make bigger statements in the political arena. The woman countered that she did not want Occupy Bangor to get bogged down in a host of detailed discussions that would come up on a case-by-case basis, and she again strongly asked that this proposal be rejected.

As more people were expressing their opinions pro and con the idea of linking other organizations on the Occupy Bangor site, the facilitator wisely realized that the discussion was getting too involved to be settled in the course of the first day's General Assembly meeting, and he suggested that the discussion be “tabled” to be continued at another General Assembly meeting, which the group agreed to do. I was relieved that the facilitator decided to suggest this and that the group responded favorably, and I left the meeting feeling like Occupy Bangor was my “home.” And that was three and a half days ago. Tomorrow I'll be going back to Occupy Bangor, and I plan on continuing to participate in the General Assemblies and other Occupy Bangor events as I am able to. But in the meantime I at least wanted to write something about my initial in-person experience of having taken part in the Occupy movement.

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By **Jed Jones, Ph.D. '03**

Jed runs two marketing companies, MindEcology and JCJ Interactive. He uses his experience building predictive models to help his clients identify who their best customers are and how to market to them. Jed has advanced knowledge in the areas of customer

segmentation, data modeling, and marketing. He holds an MBA in marketing from UC Irvine and a Ph.D. in psychology from Saybrook University, as well as a B.A. in Japanese studies from UCLA. Jed lives in the music capital of the world, Austin, Texas with his wife and three children.

I graduated from Saybrook Graduate School and Research Center (as it was then called) in 2003 with a doctorate in psychology and an academic focus on organizational systems inquiry. Upon graduation, I felt enriched by all that I had learned. At the same time, I was faced with the somewhat existential question, “How shall I best live humanistically in my daily life?”

Far beyond the credibility-enhancing benefit of now having those three little letters (viz., P . . . h . . . D) dangling after my last name, I wanted the knowledge and experiences I had garnered while a student at Saybrook to inform my feelings, thoughts and actions far beyond graduation. I thought that this might be a particularly difficult challenge for me, given that I had chosen to work in a field not directly related to my psychology degree.

Here are 7 lessons I have learned about trying to live with a humanistic worldview:

**1. Humanism is just one of many potentially valid worldviews:**

As a business owner and a family man with two children and one more on the way, I am pulled in many different directions at once every day. I live in a “multi-verse” with many competing dimensions of my life adding to the wonder and complexity of it all.

Humanism - like any other “-ism” - does not hold in any absolute sense a special place on the cultural menu of ideas. It is, at the end of the day, merely another worldview - one of many available to be adopted or passed over by any

human being on the planet who is exposed to it.

Among the reasons that I consider myself a humanist is the fact that this worldview implicitly recognizes the value of most other systems of thought. It is, then, not a jealous worldview. And, that quality makes it endearing in this age where absolutism and extremism in all their ugly forms often win the day.

**2. It takes effort to remain aware of how your worldview affects your daily actions:**

I notice that on days when I am more aware of my worldview, I am better able to see the connection between that view and my actions.

We all hold a worldview, whether we want to recognize it or not. One signpost on the road to self-awareness is that our worldviews, at least to some extent, are anchored in part by our own particular cultures, predispositions, and life paths; they are relative. This observation does not render them less valid, but it does help reign in the temptation toward worldview elitism. Given that our actions, words, thoughts, and emotions are guided in very deep ways by our worldviews, it is worthwhile to remain conscious of their very real effects.

**3. We can hold more than one worldview at once:**

For better or for worse, I cannot truly say that I am a humanist 24/7/365. I am not a purist, admittedly, and other worldviews compete for my attention moment to moment - and often win. I think that this may be true for most of us. And that's okay.

**4. There is no universal definition of humanism:**

If you consult 10 humanistic scholars, you will likely get 10 different definitions of "humanism." For those of us who consider ourselves to be humanists, we need to continue to pursue a definition of what humanism is - while at the same time never completely settling upon a final definition.

**5. We should allow our conception of what humanism is to continually evolve:**

My life is constantly evolving and changing - as are the lives of each of us and of society as a whole. The worldviews that we hold dear to us require the flexibility to evolve with us.

The dangerous thing about being a worldview-holder (i.e., being human) is the temptation to hold any particular definition of our views in a way that is fixed. Reality comes at us all day, every day, in living color and in its many and varied forms. I have not come across a model of reality yet - no matter how expansive - that holds true in my every moment.

The ability for our collective conception of humanism to evolve and adapt may be the very key to its potential for longevity as a viable guide for navigating our lives.

**6. To be a humanist is to make a conscious choice every day:**

I am almost never as mindful as I should be. To the extent that I am more mindful of my commitment to a humanistic way of being, I am rewarded by having my thoughts and actions reflect that. Having a worldview that can evolve with a person is a glorious gift. We earn that gift every day by making a conscious choice to adopt it and to live it.

**7. For me, being a humanist means having an open heart and an open mind:**

Reality is complex. We each live amidst powerful dilemmas every day. How do we reconcile our need to pay our bills with our need to recognize the integrity and sanctity of the planet and everything that lives on it? How do we strive to meet our own needs while trying to meet the needs of those who depend upon us? In dealing with the complexity that daily life presents, the answer seems to lie in part in having an open heart and an open mind. This allows us to embrace our daily chaos and insecurity with a sense of openness.

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DISCUSSION: PROPOSAL FOR SAYBROOK'S FUTURE  
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By now, we've all had a chance to look at President Dr. Mark Schulman Proposal for Saybrook's Future - I would like to present some discussion of this proposal as a centerpiece of the Fall Homepage. This is a starting place for discussion of your thoughtful responses, analyses, ideas, and insights to this proposal. Please, help us by sending this request to other Saybrook alumni that you are in touch with. If we get more responses than space can handle, they will be printed in the following issue. Your comments will be presented here unedited. A copy of President Schulman's Proposal for Saybrook's Future can be found here:

## Elliot Benjamin

I finally read over the report and I am quite impressed with the significant increase in student enrollment at Saybrook with the expansion into the university. I am also pleased with the proactive concern in which the President has responded to student concerns, and I am in agreement with the essence of the student response, which focuses upon satisfaction with the high quality of faculty and caliber of the programs that has retained its humanistic framework and allows for individual student interests to be expressed, but I also have suffered from significant time delays in faculty responsiveness, and from difficulties in relations with one particular member of my dissertation committee once I was admitted to candidacy.

But in the wider scheme of things, I was recently in both Chicago and Washington DC and took active part in the exchanges with the Existential-Humanistic Saybrook joint program. I believe that this is a tremendously promising venture that is putting Saybrook on the map as a prime mover in the retainment of its core humanistic values, and I am proud to be graduating from Saybrook next year (I'm keeping my fingers crossed). Anyway, this is my immediate feedback from reading the report. I don't know if this will be useful to you, but I thought I would share it. Best wishes, Elliot

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### PENS REPORT: STOP TORTURE -continued-

Friends,  
Help sign on to get Psychology out of the business of torture. It just takes a minute.  
Peace, Marc Pilisuk, Ph.D

Dear Colleagues,

The Coalition for an Ethical Psychology is spearheading a call for annulment of the American Psychological Association's deeply flawed 2005 Presidential Task Force Report on Psychological Ethics and National Security (PENS).

The key conclusion of the PENS Report – despite clear evidence to the contrary – is that psychologists play a critical role in keeping national security detainee interrogations “safe, legal, ethical and effective.” The PENS Report continues to be used as an authoritative document today, especially in national security contexts. Leading human rights groups and professionals from a range of fields – including psychology, medicine, law, military, and intelligence –have therefore joined together in this

important annulment effort.

Below is the brief petition statement, along with the names of organizations and individuals that have been “early signers” to the call. A background statement with detailed documentation is available online at [www.ethicalpsychology.org/PENS\\_Annulment\\_Background\\_Statement.pdf](http://www.ethicalpsychology.org/PENS_Annulment_Background_Statement.pdf).

We are now reaching out to professionals from a variety of disciplines and the general public because we believe this is a critical human rights issue with ramifications that extend far beyond psychology alone. We hope you will join this initiative, and there are two valuable ways that you can contribute:

1. Please add your name to the annulment call at [www.ethicalpsychology.org/pens](http://www.ethicalpsychology.org/pens) .
2. Please share this email and accompanying information with your professional colleagues through listservs and personal correspondence, so that they too have the opportunity to sign on.

Thank you for your time and consideration.  
Sincerely,

Roy Eidelson, on behalf of the Coalition for an Ethical Psychology

A Call for Annulment of APA's PENS Report  
([www.ethicalpsychology.org/pens](http://www.ethicalpsychology.org/pens))

Over the decade since the horrendous attacks of 9/11, the world has been shocked by the specter of abusive interrogations and the torture of national security prisoners by agents of the United States government. Although psychologists in the U.S. have made significant contributions to societal welfare on many fronts during this period, the profession tragically has also witnessed psychologists acting as planners, consultants, researchers, and overseers to these abusive interrogations. Moreover, in the guise of keeping interrogations “safe, legal, ethical and effective,” psychologists were used to provide legal protection for otherwise illegal treatment of prisoners.

The American Psychological Association's (APA) 2005 Report of the Presidential Task Force on Psychological Ethics and National Security (the PENS Report) is the defining document endorsing psychologists' engagement in detainee interrogations. Despite evidence that psychologists were involved in abusive interrogations, the PENS Task Force concluded that psychologists play a critical role in keeping interrogations “safe, legal, ethical and effective.” With this stance, the APA, the largest

association of psychologists worldwide, became the sole major professional healthcare organization to support practices contrary to the international human rights standards that ought to be the benchmark against which professional codes of ethics are judged.

The PENS Report remains highly influential today. Negating efforts by APA members to limit the damages – including passage of an unprecedented member-initiated referendum in 2008 – the Department of Defense continues to disseminate the PENS Report in its instructions to psychologists involved in intelligence operations. The Report also has been adopted, at least informally, as the foundational ethics document for “operational psychology” as an area of specialization involving psychologists in counterintelligence and counterterrorism operations. And the PENS Report is repeatedly cited as a resource for ethical decision-making in the APA Ethics Committee’s new National Security Commentary, a “casebook” for which the APA is currently soliciting feedback.

Equally troubling, the PENS Report was the result of institutional processes that were illegitimate, inconsistent with APA’s own standards, and far outside the norms of transparency, independence, diversity, and deliberation for similar task forces established by professional associations. Deeply problematic aspects include the inherent bias in the Task Force membership (e.g., six of the nine voting members were on the payroll of the U.S. military and/or intelligence agencies, with five having served in chains of command accused of prisoner abuses); significant conflicts of interest (e.g., unacknowledged participants included the spouse of a Guantánamo intelligence psychologist and several high-level lobbyists for Department of Defense and CIA funding for psychologists); irregularities in the report approval process (e.g., the Board’s use of emergency powers that preempted standard review mechanisms); and unwarranted secrecy associated with the Report (e.g., unusual prohibitions on Task Force members’ freedom to discuss the Report). These realities point to the impossibility and inadequacy of merely updating or correcting deficiencies in the PENS Report.

We the undersigned organizations and individuals – health professionals, social scientists, social justice and human rights scholars and activists, and concerned military and intelligence professionals – therefore declare that the PENS Report is illegitimate. We call upon the American Psychological Association to take immediate steps to annul the PENS Report. At the same time, in our own efforts, we aim to make the illegitimacy of the PENS Report more broadly known within our communities. September 26,

2011 (Visit [www.ethicalpsychology.org/pens](http://www.ethicalpsychology.org/pens) to add your signature)

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#### HIGHER ED WATCH -continued-



#### **Challenges Faced By Saybrook Alum in Higher Education**

This is a monthly column addressing issues of higher education. Let us know what you are thinking! Enjoy.

“Studies show that people who forgive are **happier** and healthier than those who hold resentments.”<sup>1</sup>

Forgiveness is an interesting word. It suggests some wrong has taken place that needs forgiving. What is the wrong where student loans are concerned?

In the Buddhist belief system forgiveness is related to ceasing to harbor thoughts of anger, hatred, or revenge.

Has the student loan issue grown to the point that there is anger, hatred, or revenge? Do students resent having to repay student loans at increasingly high interest rates? Do loan originators resent having to go after their money? Does the federal government, who guarantees many of these loans, resent something too?

October of this year was a busy month for higher education issues. One of the most significant issues in almost every major newspaper and Internet news site has been the issue of student loan forgiveness. Attending college has become a costly investment. The average cost of tuition has grown by over 400% in the years between 1985 and 2005.<sup>2</sup> It is so costly that student loan debt now occupies a major political position in Washington and in homes throughout our country. Protestors involved in Occupy Wall Street are asking for student loan forgiveness. One of their calls to action is, “Free us from the bondage of our debts and give us a basic ability to survive.”<sup>3</sup> President Obama is offering student loan relief. Relief and forgiveness are very different words. Let’s take a look at some of the issues.

In late October President Obama announced his student loan relief program. Occupy Wall Street demonstrators want free tuition and total student loan forgiveness. The total student loan debt is approaching \$1 trillion. Current student loan debt now exceeds total credit card debt for the

first time.<sup>4</sup> The average student loan debt is \$24,000 for students at a four-year institution<sup>5</sup> Just what kind of relief and forgiveness might end up being a part of the package involved in the relief proposal, which did not require congressional authorization or approval.

Here is what President Obama proposed:

- The amount a borrower will have to repay was capped at 10% of their annual income. This represents a reduction from the previous cap of 15%.
- Borrowers who make required monthly payments would have the balance forgiven after 20 years of payments. This represents a decrease from 25 years under the earlier conditions. This new provision applies only to those who work in the public sector or for a non-profit organization.
- The proposed plan would allow borrowers with loans from the Federal Family Education Loan Program and a direct loan from the government to consolidate them. This program would go into effect in 2012, which is two years sooner than originally proposed.
- The proposed student loan forgiveness will not apply to private student loan debt. Borrowers will have to rely on Income Based Repayment (IBR) Programs for any assistance. So, borrowers with loans from Sallie Mae are still responsible for the repayment of their loans in full.
- Individuals who spend 10 years in public service are eligible to have their loans forgiven at this point rather than waiting for the 20 year mark.

President Obama's plan does not affect borrowers who took on loans before 2008 and who do not take out a new loan in 2012. If a student is already in repayment and not planning to take out new student loans, the plan will not assist this student.

Proposed changes in student loan repayment could help borrowers who in 2012 and later consolidate loans from the government's direct loan program and the nixed Federal Family Education Loan (FFEL) program.

All of the proposed changes and relief to assist students in debt is movement in the right direction. However, tuition is on the increase again.

In a documentary about American colleges and the student debt crises CNBC reports<sup>6</sup> that the entire system of financial aid in colleges is run like a car dealership. They suggest that student retention and recruitment is part of a sales job; one that involves finding a way to get the money to the student regardless of the consequences once the

student leaves the institution. Colleges get their money, loan originators get their signature, and students and their families carry the debt as an emotional and financial burden into the future. All of this comes with no guarantee about obtaining that job in this depressed economy that would allow students to repay that debt.

Some analysts see the student debt crises as similar to the housing bubble. When it bursts these analysts predict there will be a trickle down effect of huge proportions on the economy once again.

There is an explosion of student debt. There are questionable college graduate job prospects, and many feel the student loan business is more than predatory due to the fact that students do not have any consumer protection. Loans are made regardless of a student or family's ability to repay that loan. Bankruptcy does not apply to student loans and consolidating of student loans ended some years ago.

Two-thirds of all graduates have student debt.<sup>7</sup> The student loan default rates have doubled in the last five years.

There are a number of issues noted in the special report by CNBC. They make the following observations:<sup>8</sup>

1. Pizza on Student Loans: Students are issued debit cards to use on student loans. Pizza and a movie ticket can be purchased with federal or private student loan money.
2. Student Loan Defaults: Students who feel overwhelmed financially are defaulting on their student loans at rates never seen in the history of the student loan program.
3. For Profit Colleges and Universities: The tuition at for profit colleges and universities are significantly higher than the tuition cost for state run colleges and universities. For-profit institutions often have more flexibility in degree programs and online classrooms to serve the working adult population.
4. School Managing Student Debt Default Rates: CNBC reports that institutions are not reporting default rates in their statistics as it may bring negative attention to the lending policies.
5. CEO's Salaries: Noted in this review by CNBC to be rather astronomical.
6. The \$200,000 degree: Sarah Lawrence College was used as a point of discussion. It cost over \$54,000 per year in tuition and room and board to attend. The question was raised as to whether there is value in having a \$200,000

undergraduate degree.

7. Vocational Schools More Realistic: The statistics about vocational school appear promising. When a student has a clear idea of what they want it is easy to match them with a vocational school where they may attend for one or two years and fairly immediately land a job. What used to be seen as a default choice is quickly becoming the first choice of many young people and working adults seeking to obtain marketable job skills

There are many grievances and a sense of real uncertainty. We have lost the comfort of knowing that a college education would secure above average returns. As the PBS special on student-loan debt observes, did the students who have comfortably borrowed over the years create their own burden or are they victims of a failed system of higher education? Tuition has risen, student loan borrowing is growing, risky private loans and for-profit colleges are growing, community colleges are now encumbered with debt, and there is real fear of a higher education bubble.<sup>9</sup>

If these are the problems, what might be the solutions? I am not sure I have the answer to that, but I think if I had children in the college bound age range I would be talking to them about desires, realities, responsibilities, and how to plan for the “what if” scenario. I think it is different than when I went to college to learn to think. I still believe there is a place in universities for thinking. Perhaps the question is that we need to help young people and adults returning to college to think in terms of cost-to-benefit ratios, desires versus realities, and creative problem solving around money and employment.

In closing it may be helpful to remember that forgiveness is a verb and verb require action. Some synonyms for forgiveness worth thinking about include: mercy, compassion, grace, tolerance, amnesty, and reprieve. As we move into the holiday season these are all thoughtful words to exercise in our interactional exchanges.

Happy Holidays!

Nanette Burton Mongelluzzo, PhD '06

For more information on IBR(Income Based Repayment), visit these Web sites: [studentaid.ed.gov](http://studentaid.ed.gov) or [www.ibrinfo.org](http://www.ibrinfo.org). You can also call 1-800-4fedaid (1-800-433-3243).

1. “Forgiving (Campaign for Forgiveness Research)”. 2006. [http://www.forgiving.org/campaign/research\\_indiv\\_1.asp](http://www.forgiving.org/campaign/research_indiv_1.asp)
2. <http://www.pbs.org/wnet/need-to-know/five-things/student-loan-debt/12028/>
3. <http://www.pbs.org/wnet/need-to-know/five-things/student-loan-debt/12028/>

[loan-debt/12028/](http://www.pbs.org/wnet/need-to-know/five-things/student-loan-debt/12028/)

4. <http://www.finaid.org/loans/studentloandebtclock.shtml>
5. [http://money.cnn.com/2011/10/25/news/economy/Obama\\_student\\_loan/?cnn=yes](http://money.cnn.com/2011/10/25/news/economy/Obama_student_loan/?cnn=yes)
6. <http://video.cnbc.com/gallery/?video=1719827701>
7. Ibid
8. <http://www.cnbc.com/id/40682477/>
9. <http://www.pbs.org/wnet/need-to-know/five-things/student-loan-debt/120s8/>

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#### DO YOU PRACTICE WHAT YOU PREACH? -continued-



By **Shana Garret PhD '09**

One of the primary reasons I chose Saybrook, and I suspect several of you as well, was based on the theories and beliefs of practicing an approach that was based on humanistic scholarship and the desire to create change through dedicated practice and educating others. At the core of the tenets is to

consciously choose to explore, actively create, and grow, while integrating spiritual awareness and empowerment of others as you walk the path among your community. We all have the power and choice to focus on growth not only in ourselves, but for those who we encounter as well.

Given the diversity of the directions that many of us went after graduation, it often occurs to me to ponder how, if at all, we have retained and maintained the many lessons we have learned during our time at Saybrook. For those who are in clinical practice, in some shape or form, is the humanistic tradition more prominent than those of us who chose other fields? For those in other fields, like education or corporate businesses, how is your humanistic side expressed or even shared with others?

The path I am walking at this time is focused on distance education, specifically working with and supporting at-risk students in a for-profit institution. This is exemplified by my approach to work with students and assist them to recognize and overcome challenges by communicating a choice of empowerment and the concept of free will. They have the choice to make a difference for themselves and to use that catalyst for change as a role model to others.

But by the same token, I also use my Saybrook experience to enhance my relationships in my team and enhance my leadership style. I am mindful to meet my team members where they are and help identify that place in an effort to build a connection and path to where they want to go. Sometimes the only reward in working with a random sample of talent among a diverse population and multi-faceted work environment is to invest the time and energy into developing other souls in a shared line of work.

While I have the best of intentions, I will admit that stress and time constraints sometimes do not allow for as much interaction time to make the most well-informed holistic decision possible. So in these times of challenges, especially tight deadlines, and lesser of evil choices, I realize that maybe my “time and place” isn’t as humanistic as it could or should be. At that crossroads how do you decide the path to take? Ever been in those crosshairs before? Did you go with instinct? Reaction? Or careful thought and considerations? My challenge to you is to question where your humanistic choices reside within your work setting and environment. Is it a trait you are recognized for or would others being surprised to see that facet of your personality among your other masks? Do you practice what you preach?

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THE DSM-5  
-continued-

### Saybrook becomes first university to sign petition against planned changes for the DSM-5

Saybrook faculty and administration have voted to endorse the Society for Humanistic Psychology’s [Open Letter](#) to the DSM-5 committee.

Saybrook is the first university to sign the petition in support of this letter.

The Society for Humanistic Psychology’s letter recognizes and honors the complexity of the human condition, while advocating for the human right to not be unnecessarily pathologized.

We are deeply appreciative of the work the Society for Humanistic Psychology has done for this cause, and are heartened by the many voices joining in by signing the petition. We are also pleased to see many students, faculty, and administrators of Saybrook University have already signed the petition.

Saybrook Faculty have been instrumental in the development and organization of the petition. The

president-elect of the Society for Humanistic Psychology is Saybrook faculty member [Louis Hoffman](#); Saybrook’s [PsyD program](#) director, Shawn Rubin, sits on the SHP board; and David Elkins, the current president of the SHP, is a founding member of [The New Existentialists](#), a Saybrook organized movement in existential-humanistic psychology.

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NEW PUBLICATIONS  
-continued-

### BOOK ANNOUNCEMENTS & REVIEWS

**Elliot Benjamin, Ph.D.**, (mathematics) and current Saybrook doctoral candidate in Consciousness and Spirituality. *Humanistic Psychology, Progressive Politics, and the “Occupations”: An Integrated Perspective* was published on the Integral World website on 10/24/11. Available at: <http://www.integralworld.net/benjamin34.html>

**Kirk Schneider, Ph.D.** (1984) was interviewed for an article in the American Psychological Association Monitor on Psychology (November, 2011) feature article on the latest developments in existential-humanistic psychology. The title of the article is, “*Searching for Meaning*” (pp. 57-61). Available at: [http://www.nxtbook.com/nxtbooks/apa/monitor\\_201111/#/62](http://www.nxtbook.com/nxtbooks/apa/monitor_201111/#/62)

**Deirdre Bundy, M.A.** (2009) released a new Playball Newsletter. Playball is a sports and movement program for children age 2-6 that offers a multi-skill program which focuses on the basic fundamental sports skills of 6 different sports including soccer, tennis, baseball, basketball, hockey, and volleyball. Available at: <http://us2.campaign-archive2.com/?u=84877cf85873e3e998548192d&id=f23233424e&e=010f5e0ff6>

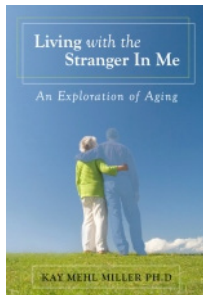
**Steven Kull, Ph.D.** (1980) released a new web edition of World Public Opinion.org. WorldPublicOpinion.org is an international collaborative project whose aim is to give voice to public opinion around the world on international issues. Available at: <http://www.worldpublicopinion.org/>

**Myrna Araneta, Ph.D.** (2009) presented a paper: “*How Can Leaders and Managers Create an Environment for People Engagement and Internal Change?*” at the: People Management Association of the Philippines Conference October 12-14, 2011.

**Andrew Bonnici, Ph.D.** (1978) released a new web newsletter. “*The Practice of Zazen Only Clarifies The Still Mountain and Nourishes the Open and Wakeful Sky.*” Available at: <http://zendocor.com/Newsletter.html>

ONLINE NEWSLETTER ACCESS: [HTTP://WWW.SAYBROOK.EDU/PHS/ALUMNI](http://www.saybrook.edu/phs/alumni)

BOOK REVIEW  
-continued-



**Living with the Stranger In Me: An Exploration of Aging.**

Miller, K. M. (2011)  
Kathryn M. Miller, PhD. '92  
Santa Rosa, CA: Word & Quill.  
Reviewed by [Jerry Kurtyka, M.A.](#)  
(OS), 2002

Written as creative non-fiction and classified as self-help, the book is an examination of aging through the experiences, knowledge, and insights of the author. Told in a first person narrative, the author gives an intimate look at rebuilding and living a productive and satisfying life at an age when one is expected to prepare for conclusions, rather than beginnings. A review of Kay's book follows below.

In her own story, Kay Miller (Saybrook PhD., 1992) finds herself suddenly single at the age of 73 when her soul mate of 20 years, John, dies. She reflects that the woman in her fifties who entered that relationship 20 years before was now a stranger to her, physically and in many other ways. The intensely personal account of what follows documents her path out of grieving and into a mature self-rediscovery, repeating a process she had once before experienced in 12-step recovery.

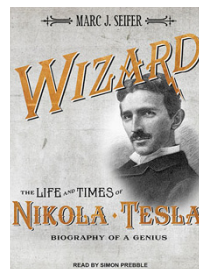
Miller reflects that her life has consisted of many roles – daughter; mother; spouse; journalist; lover; activist – but the event of John's death challenges her to find, as she writes, "The part of me that survived the roles." Considering a return to the workplace, like many seniors who have a lifetime of experience and education to bring with them, Miller confronts the pragmatic reality of having missed her time to be the boss and now being too qualified to be an employee.

At this point, physically and emotionally drained from the responsibilities of caregiving for John and her grieving, Miller attends a church and is pleasantly surprised when she is asked to play bridge. Accepting the invitation is her first step toward rebuilding a life of her own. Subsequently, the church community and her responsibilities there become the foundation on which she reconnects to her spirituality finding, as she describes it, "that there is a force within me, loving me and showing me how to live a full and abundant life once again." Miller eventually recovers this potential in herself by recognizing

that her life just is and must be accepted on its own terms, finding appreciation in what is experienced in the present that includes her relationships and activities.

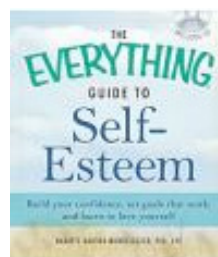
A theme that emerges in Miller's narrative is the need to be "seen," not only by others, but by herself as Miller describes her life becoming more "visible" to herself. Visibility, as Miller describes it, is the result of her involvements and connections, rebuilding the fabric of her life that had been submerged in the years of coupled relationship and especially by the intensive caregiving required at the end of John's life. She seeks a sense of personal wholeness that is not restricted by age and grief but by the possibilities of interacting with others and by learning to trust life again, a theme that will be recognized by those who have been in recovery programs. For Miller, it is about knowing intuitively how to act, how to speak, and how to share her life with others.

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ISBN/EAN13:1463556888 / 9781463556884  
Page Count:194  
Binding Type: US Trade Paper  
Trim Size:5.5" x 8.5"  
Language: English  
Color: Black and White



**WIZARD The Life and Times of Nikola Tesla: Biography of a Genius**  
Seifer, M. (2011).

Marc Seifer, Ph.D. (1986) released a previous biography of Nikola Tesla as an audio book CD narrated by Simon Prebble. Nikola Tesla (1856–1943), credited as the inspiration for radio, robots, and even radar, has been called the patron saint of modern electricity. Based on original material and previously unavailable documents, this acclaimed book is the definitive biography of the man considered by many to be the founding father of modern electrical technology. Among Tesla's creations were the channeling of alternating current, fluorescent and neon lighting, wireless telegraphy, and the giant turbines that harnessed the power of Niagara Falls. Available from: [http://www.tantor.com/BookDetail.asp?Product=B0271\\_WizardLife](http://www.tantor.com/BookDetail.asp?Product=B0271_WizardLife)

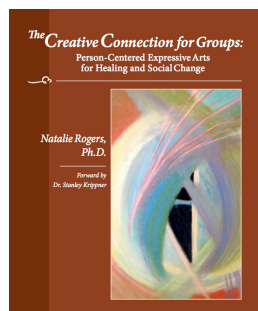


**The Everything of Self Esteem.**

Mongelluzzo, N.B., (2011) Nanette Burton Mongelluzzo, PhD '06 Millions of people suffer from feelings of self-doubt and worthlessness, and their low self-esteem can drastically affect all aspects of their lives: love,

work, family dynamics, and their own sense of self-worth. *"The Everything Guide to Self-Esteem with CD"* is an updated and revised resource for boosting confidence and achieving inner strength, showing readers how to: recognize their own detrimental behaviors; set reasonable and challenging goals that work; build confidence at home and in the workplace; identify and eliminate "contaminated" people who bring only negativity; take positive risks and find happiness in all areas of life; use simple, interactive activities to put things in perspective. Complete with an exclusive section on the benefits of relaxation and wellness for self-esteem, plus a CD of soothing, guided meditations.

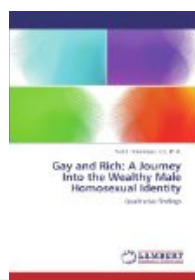
Paperback: 304 pages  
 Publisher: Adams Media; Pap/Com edition  
 (November 15, 2011)  
 Language: English  
 ISBN-10: 1440528829  
 ISBN-13: 978-1440528828



**The Creative Connection for Groups: Person-Centered Expressive Arts for Healing and Social Change.**

Rogers, N., (2011).  
 Palo Alto, CA: Science & Behavior Books.

Dr. Natalie Rogers brings a practical, theoretical and spiritual joining of the expressive arts and the person-centered approach for groups. Facilitators learn how to apply this work in a wide variety of situations. The book's images illustrate case material and the extraordinary effects of this profound group process. Ultimately, this book is about courage, creative expression, compassion, cooperation, and raising the collective consciousness to heal the planet. The forceful element of creative expression brings individuals personally and collectively into their strength, honing the ability to envision a brighter future and act across political or antagonistic boundaries to a more peaceful, all-inclusive way of being.



**Gay and Rich: A Journey Into the Wealthy Male Homosexual Identity: Qualitative Findings.**

Hokemeyer, P., (2010).  
 Paul Hokemeyer, PhD '10  
 Lambert Academic Publishing.

Dr. Hokemeyer takes his readers into

the psyches of human beings who live at the intersection of two significant identities. Navigating this terrain through an established qualitative methodology of data analysis, he develops the construct of "internalized wealthism" and extends the construct of "the double closet". Through "internalized wealthism", people of wealth internalize the negative stereotypes that society and culture hold against them. Through his extension of "the double closet", Dr. Hokemeyer explains how wealthy gay men must first transcend their homosexual closet and then transcend the closet that hides their wealth before they can function in the world as authentic human beings.

Paperback: 184 pages  
 Publisher: LAP LAMBERT Academic Publishing (August 31, 2011)  
 Language: English  
 ISBN-10: 3843383642  
 ISBN-13: 978-3843383646

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REPORTS FROM THE WORLD  
 -continued-

**Selene Kumin Vega, Ph.D.** '06 [www.spiritmoving.com](http://www.spiritmoving.com)  
 Presentation at Spirituality: Promises & Pitfalls Spirituality & Psychology Conference: *Bringing Transformation Home*  
 Selene Kumin Vega, Ph.D. February 17-19, 2012 Menlo College, Atherton, CA.

**Laura E Mirian, PhD** (2006) is reviewing videos for Alexandra Carmichael, Director of *"The Quantified Self"*. Dr. Mirian is the content author for several videos published for *"The Quantified Self"* on Vimeo. The Quantified Self is a collaboration of users and tool makers who share an interest in self knowledge through self-tracking. They exchange information about personal projects, the tools used, tips gleaned, and lessons learned. Members blog, meet face to face, and collaborate online.

**Ann S. Williams, PhD, RN, CDE** '05 I am now an Adjunct Associate Professor at the Frances Payne Bolton School of Nursing at Case Western Reserve University. I do guest lectures several times every school year, but mainly have research responsibilities. This year, I have received an NIH R21 research funding award for a project, Nonvisual Foot Examination for People with Diabetes and Visual Impairment. This is a 2-year pilot project designed to evaluate the effectiveness, feasibility, and acceptability of a technique for empowering people who have visual impairment to examine their own feet using their senses of touch and smell. It will use a prospective, experimental, mixed-methods study design,

will have a total of 60 people enrolled, and will include both quantitative and qualitative outcome measures. My Saybrook education prepared me well to argue for the value of including qualitative dimensions in my research design. Furthermore, the course work I had in Action Research and Socially Engaged Spirituality prepared me well to highlight the importance of addressing the health care needs of a severely under-served minority - persons with visual disabilities.

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## OPPORTUNITIES & ANNOUNCEMENTS -continued-

### WORKSHOPS, PRESENTATIONS & SEMINARS

**Selene Kumin Vega, Ph.D. '09** [www.spiritmoving.com](http://www.spiritmoving.com) Workshops for Spring 2012: Exploring Psyche & Soma: Creative & Healing States of Consciousness May 5-6, 2012 (\*CE) location tba north of San Francisco. CAGuiding the Journey: Facilitating Transformative Experiences May 7-11, 2012 (\*CE) . Earth Rise Retreat Center, IONS Campus, Petaluma, CA Both workshops are part of the Sacred Centers Immersion program, May 5-17, 2012. Awakening the Body: Moving into Deep Connection July 12, 2012 (\*CE) Rancho Bernardo Inn, San Diego, CA Reg. & Info: [Selfrelate@aol.com](mailto:Selfrelate@aol.com) (760) 942-1577. Psychology of the Chakras Anodea Judith, Ph.D. & Selene Kumin Vega, Ph.D. August 3-10, 2012 (\*CE) Stockbridge, MA Reg. & Info: Kripalu Center for Yoga & Health, 800-741-7353 Thanks!

### RESEARCH: SUPPORT & RESOURCES

#### OS students and faculty members invite alumni to join them at the blog, Rethinking Complexity

By [Aimee C. Juarez](#)

The organizational systems program invites all Saybrook alumni to check out its new blog, Rethinking Complexity at [www.rethinkingcomplexity.com](http://www.rethinkingcomplexity.com). OS is also asking for its graduates to consider contributing a post or two that talks about the issues they're facing as systems practitioners.

"The systems understanding that we bring to the world is much needed now," said Dr. Nancy Southern, chair of the OS program. "Through their contributions to the blog, our students, faculty, and alumni can help others understand the systemic nature of the challenges that we encounter every day."

If you would like to contribute a systems-related post to Rethinking Complexity, contact the OS department at:

<http://www.rethinkingcomplexity.com/contact>. Rethinking Complexity was launched this spring and is produced by a team of 11 OS students, alums, and faculty members. The blog now boasts hundreds of visitors per month on both its website and its Facebook page, [www.facebook.com/rethinkingcomplexity](http://www.facebook.com/rethinkingcomplexity). In recent months, it has showcased guest contributions from Dr. Riane Eisler of the Center for Partnership Studies and systems practitioners from Pegasus Communications, a Massachusetts-based publisher of systems and organizational learning materials.

Regular contributor Dennis Rebelo, a Ph.D. student in the OS program who is president of University Business Consultants, said: "Being tapped to write for Rethinking Complexity has been quite a momentum-maker for me. This rich OS blog has pumped additional creative opportunities for me to bridge my Saybrook academic work and consulting work."

For Saybrook OS alum, Bernice Moore-Valdez, who earned her Ph.D. in '09 and is now president of ICO Consulting, Rethinking Complexity has been a way to "inspire and renew my commitment to humanistic values." The blog's writers "invite and provoke me to evolve my ideas and capacities so that I am better able meet the needs of our increasingly complex world," Bernice said.

OS '11 graduate Julie Auger echoed Bernice's sentiments and said the blog's helped "give voice" to what she's learned at Saybrook. "Being part of this learning community has been a great experience," she said. Dr. Southern welcomes OS alumni to participate as writers for the blog and to share it with their colleagues. "It's been a great recruiting tool and provides a way to connect our learning community," she said. "I love being able to direct our prospective students and others interested in Saybrook to the blog so they can get a real feel for the work we are doing. It is much more powerful than our marketing materials."

To student writer Dennis Rebelo, the teamwork that goes into producing Rethinking Complexity daily demonstrates what collaborative leadership—a theory that's studied in Saybrook's OS program—is all about.

"We are doing it daily," Dennis said. "By celebrating our collective interest in furthering human learning, leading, and loving at work through Rethinking Complexity, we are proving to be the spark that many are connecting to the flame of humanistic research and studies, which is Saybrook." Visit us: Rethinking Complexity: [www.rethinkingcomplexity.com](http://www.rethinkingcomplexity.com) Like us on Facebook: [www.facebook.com/rethinkingcomplexity](http://www.facebook.com/rethinkingcomplexity)

## EMPLOYMENT OPPORTUNITIES

**PG&E: Strategic Analyst, Senior/Expert- Measurement & Evaluation - San Francisco, CA** <https://pgecorp.taleo.net/careersection/2/jobdetail.ftl?lang=en&job=11008691&src=JB-10300> We currently have an opening in this capacity. This position will be responsible for developing, managing and coordinating complex studies of PG&E's Energy Efficiency Portfolio. Evaluations include strategic market assessments, program process evaluations, market research, and customer behavior studies and, statistical analyses to guide PG&E in providing customers with world class energy management products and services. Work with Product Managers to integrate evaluation results to improve Portfolio performance.

**Social Science Analyst, GS-0101-11 Department Of Health And Human Services Agency for Healthcare Research and Quality;** <http://www.usajobs.gov/GetJob/ViewDetails/305809300> Job Announcement Number: HHS-AHRQ-DE-12-581354 \$62,467.00 to \$81,204.00 / Per Year Full Time - Term NTE 3 Years OPEN PERIOD: Wednesday, December 28, 2011 to Wednesday, January 11, 2012 Rockville, MD To fax supporting documents you are unable to upload, complete this cover page <http://staffing.opm.gov/pdf/usascovers.pdf> using the following Vacancy ID 581354. Fax your documents to 1-478-757-3144.

**Institutional Research Analyst The Institutional Research Analyst (Qualitative); Corinthian Colleges;** <https://cci.taleo.net/careersection/2/jobdetail.ftl?job=119553&src=JB-10022> works with instructors, staff and administrators on a variety of ongoing data collection efforts, reports and institutional research projects. The individual assures the accuracy, integrity and timeliness of all institutional research reports, internal as well as external.

## FELLOWSHIPS, GRANTS, & POSTDOC CALLS

**Mellon Sawyer Post-Doctoral Fellowship Henry M. Jackson School of International Studies Latin American and Caribbean Studies (LACS), the Washington Institute for the Study of Ethnicity, Race, and Sexuality (WISER), and the Simpson Center for the Humanities University of Washington, Seattle B/ORDERING VIOLENCE: Boundaries, Indigeneity, and Gender in the Americas.** We invite recent PhDs from the humanities or the social sciences to apply for an Andrew W. Mellon Fellowship for the 2012-13 academic year. The Fellow will be involved in the scholarly activities of the Sawyer Seminar, "B/ordering Violence: Boundaries, Indigeneity

and Gender in the Americas." The seminar, organized by LACS, WISER, and the Simpson Center, sees borderlands not as fixed but as constantly (re)produced between and within national states. Accordingly, the seminar will convoke a set of distinguished, internationally-recognized scholars whose work considers the complexities of external national borders in the Americas as well as the multiple internal borders that characterize the politics of belonging for diasporic and Indigenous communities in South, Central and North America. The seminar will also explore the dynamics of migration and the social and political implications of migration across the Americas. The appointment will be for one academic year, September 2012-June 2013, in the Jackson School of International Studies. Candidates must have their Ph.D. degree in hand by the time of application, and must have received their Ph.D. within the last six years. The fellowship carries a salary of \$40,000 a year (plus benefits and a \$2,000 moving allowance). Application Materials: In one pdf file, applicants should send the following materials to [lasuw@u.washington.edu](mailto:lasuw@u.washington.edu): 1) A two-page cover letter stating your interest in the Postdoctoral Fellowship and providing details on your current research and how it would benefit from and contribute to the Sawyer Seminar; 2) A curriculum vitae; 3) One writing sample (20 pages maximum); 4) A brief course proposal for a one-quarter course on the borderlands. Two letters of reference should be sent separately [tolasuw@u.washington.edu](mailto:tolasuw@u.washington.edu). **The deadline for applications is February 15, 2012.** Principal Investigator: José Antonio Lucero, Jackson School of International Studies, Box 353650, University of Washington, Seattle, WA 98195-3650, [jal26@uw.edu](mailto:jal26@uw.edu)

**Penn State Institute for the Arts and Humanities Postdoctoral/MFA Fellowships:** Being Humans 2012-13 For artists and humanists, these are extraordinary times: our sense of "the human" is undergoing remarkable transformations, with implications for the future of all life on the planet. But has "humanism" been part of the problem all along? How should we think differently—about the species and the biosphere—if we are going to avoid realizing our deepest dystopian fears? Applicants should have received their terminal degrees (PhDs in the humanities, MFAs in the fine and performing arts, Masters or beyond in design fields such as architecture) within the past three years. Applications should include a cv, two letters of recommendation, a project description of 1000 words, and (for applicants in the arts or design) a sample of work on a single DVD. Fellowship stipends are \$42,000 plus benefits and a \$2,000 research fund; fellows will be required to teach one course each semester

in their discipline. Fellows will be given office space at the Institute. It is expected that fellows will take part in the intellectual life of campus, working with faculty and students, attending symposia and events, and contributing to meetings and discussions presented by IAH. **All application materials must be received at this address by February 15, 2012:** The Institute for Arts and Humanities Postdoctoral Fellowship Program Penn State University Ihseng Cottage University Park, PA 16802

**The University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences** is once again offering up to eight postdoctoral fellowships in the humanities and social sciences for the academic year 2012-2013. Fellows will teach one course each semester, complete scholarly work, and participate in the academic and intellectual communities of the departments with which they are affiliated and across the Dietrich School of Arts and Sciences. To foster interaction within the group of fellows and with ongoing concerns of the Humanities Center and other programs on campus, we seek applicants with projects that engage the concept or practice of comparison—across time, space, language, genre, discipline or other category. How do we, at this moment, compare? Why do we compare? What can be compared? What do we gain by comparing? What do we lose? While we welcome any proposal relating to these issues from all humanities and social science disciplines, we are also seeking to establish a research sub-cluster addressing the general topic in relation to the theme of “Enlightenments/Counter-Enlightenments.” We invite applications from qualified candidates in the humanities and social sciences who have received the PhD between December 1, 2009 and January 1, 2012. The annual stipend will be \$45,000. Fellows may apply for an additional year renewal.

**Applications must be received by 5 p.m. EST, March 1, 2012.** We expect to announce the awards by April 15, 2012. For more information, visit <http://www.as.pitt.edu/postdoctoral-fellowship-program> or email [postdoc@as.pitt.edu](mailto:postdoc@as.pitt.edu).

**Postdoc and Student/Predoc Positions** The New England Complex Systems Institute has funding for postdoctoral and predoctoral research stipends and scholarships starting immediately. Candidates should be interested in contributing to new research topics in our understanding of: Socio-economic systems relevant to:

- The economic crisis,
- Conflicts and ethnic violence,
- Social networks and media,

- International development
- Fundamental mathematical advances, such as:
- Fundamentals of complex systems
- Multiscale representations
- Network representations

We are looking for individuals who are willing to expand their research beyond their current areas of research, i.e. PhD work, and who want to apply their quantitative skills especially to the study of complex economic and social systems. Candidates should have outstanding training in physics, mathematics or computer science / modeling. We are also interested in individuals with very high caliber writing skills, dedicated to thoughtful communication of science. Applications for both postdoctoral and student researcher positions should be submitted through: <http://www.necsi.edu/education/postdocstudent.html>.

**Rice University Faculty and Postdoctoral Fellowships on Human Trafficking Location:** Texas Date: 2012-01-17 Description: Rice University is accepting applications for year-long faculty fellowships to participate in the inaugural Rice Seminar Human Trafficking Past and Present: Crossing Boundaries, Crossing Disciplines. Seeking applicants from any rank (postdoc to senior) and all disciplines whose research interests intersect with the humanistic and scientific study of slavery and human trafficking from the Classical era to the present. Fellows will take part in a year-long academic think tank, leading to the publication of papers in an edited collection with a major university press. We offer \$60,000 salary, benefits, and a research/relocation allowance. **Deadline January 17, 2012;** visit <http://hrc.edu/riceseminars> for details and to apply Contact: [laurenk@rice.edu](mailto:laurenk@rice.edu) URL: [hrc.edu/riceseminars](http://hrc.edu/riceseminars)

**The Massachusetts Historical Society will award two long-term MHS-NEH fellowships for the academic year 2012-2013.** MHS-NEH fellowships are made possible by an award from the National Endowment for the Humanities, an independent federal agency. The stipend, governed by an NEH formula, will be \$4,200 per month for a minimum of four months and a maximum of twelve months. The Society will supplement each stipend with a housing allowance of up to \$500 per month. MHS-NEH fellowships are open to U.S. citizens and to foreign nationals who have lived in the United States for at least the three years immediately preceding the application deadline. Applicants must have completed their

professional training. **Deadline: January 15, 2012.** Kate Viens Research Coordinator Massachusetts Historical Society 1154 Boylston Street Boston, MA 02215 Email: [kvians@masshist.org](mailto:kvians@masshist.org) Visit the website at <http://www.masshist.org/fellowships>

**Mind and Life Contemplative Studies Fellowship** (applications open November 15, 2011 – January 15, 2012) Contemplative Studies Fellowship The Mind & Life Institute, with funding from The John Templeton Foundation, invites Mind and Life Contemplative Studies Fellowship grant applications that propose to bring fresh perspectives from the humanities into contemplative neuroscience and contemplative clinical science, including but not limited to research on Buddhist contemplative practice. One-year grants will be awarded to successful applicants holding Assistant Professor, Associate Professor, and Professor (or equivalent) rank at their academic institution. Fellowship grants will be awarded in line with American Council of Learned Societies (ACLS) guidelines based on academic Rank: \$60,000 for Full Professor and equivalent \$40,000 for Associate Professor and equivalent \$35,000 for Assistant Professor and equivalent. More information: <http://www.mindandlife.org/research-grants/contemplative-studies-fellowship/> Additionally, successful applicants are expected to document their eligibility for matching funds from their respective institutions (e.g., through additional teaching release or sabbatical leave). Mind and Life Contemplative Studies Fellowship (MLCSF) applicants are required to show how their research strategy and subject matter engage with neuroscientific or clinical studies of contemplative experience.

## **PUBLICATION & CONFERENCE CALLS**

**The 29th annual conference of the International Association for the Study of Dreams (IASD)** Call for artworks “Sailing on the Sea of Dreams”: Two juried exhibitions of dream-related works will be displayed in conjunction with the one at the Doubletree Hotel at the Berkeley Marina, Berkeley, California, June 22 – June 26, 2012, PLUS another at the aMFa Art Gallery, Berkeley, California. The aMFa Gallery will host a Dream Art Exhibition in partnership with IASD from June 15 – July 15, 2012 **DEADLINE FOR ENTRIES: March 23, 2012** (until midnight Pacific US time). <http://asdreams.org/2012/callforartwork.html> Nancy Richter Brzeski Dream Art Awards Thanks to the generous support of Nancy Richter Brzeski, several thousand dollars in prizes will be awarded.

**Call For Papers: The Revolution of Time in a Time of Revolution** [https://sites.google.com/site/](https://sites.google.com/site/timeandrevolutionbookproject/)

[timeandrevolutionbookproject/](http://timeandrevolutionbookproject/) As editors of a book proposal accepted for publication by Cambridge Scholar Publishing, we announce a call for submissions to a collection of essays exploring the connection between concepts of time and social change. The volume will have a strong focus on interdisciplinarity, the fusion of theory with practice, and presenting possibilities for ways in which the consideration of alternative notions of time could bring about social change. Thus it is not only practical philosophy papers that we invite, but also contributions from fields such as literary studies, media studies, cultural studies, gender studies, post-colonial studies, sociology and political science. Please email expressions of interest in the form of an abstract (up to 500 words) with “Time and Revolution book proposal” in the subject line, as an attachment to Cecile Lawrence at ([clawren1@binghamton.edu](mailto:clawren1@binghamton.edu)) by the 8th of January 2012, with a c.c. to Natalie Churn at [messiah@hotmai.com](mailto:messiah@hotmai.com) and Christian Garland at [christiangarland@hotmail.com](mailto:christiangarland@hotmail.com) **Please send your completed submission as a Microsoft Word document by Sunday, the 31st of January 2012.**

**The European Journal of Operational Research** seeks papers for their upcoming special issue on Eco-Efficient Based Green Supply Chain Management. **Deadline for submissions is August 31, 2012.** For more information: <http://www.journals.elsevier.com/european-journal-of-operational-research/>

**Call for Papers: Corporate Governance Corporate Governance:** An International Review seeks papers for their special issue on Corporate Social Responsibility, Institutional Structures and Corporate Governance. Papers will address one of three research questions pertaining to CSR strategy. **Deadline for submissions is April 15, 2012.** For more information: <http://origin.library.constantcontact.com/download/get/file/1102612802412-147/CORG+Special+Issue.pdf>

**The Darla Moore School of Business at the University of South Carolina is honored to announce the 4th annual Dr. Alfred N. and Lynn Manos Page Prize for Sustainability Issues in Business Curricula.** Full consideration for the Page Prize will be provided for submissions concerning a range of sustainability dimensions that are demonstrated to be relevant to the natural environment. **Deadline for submissions is February 2, 2012.** For more information: <http://www.moore.sc.edu/about/sustainableenterprisedevelopment/pageprize/2011callforsubmissions.aspx>

**This Yale Center for Business and the Environment (CBEY) and Alliance for Research on Corporate Sustainability (ARCS) conference seeks papers focused**

**on business sustainability.** The conference will be held May 16-18, 2012 in New Haven, Connecticut, U.S. **Deadline for submissions is January 31, 2012.** For more information: <http://webapps.qmul.ac.uk/hr/vacancies/jobs.php?id=2723>

**The 44th Annual Dakota Conference Theme: Wounded Knee 1973: Forty Years Later** On December 29, 1890, Miniconjou Lakota chief Spotted Elk (Big Foot) and some 300 of his followers were gunned down on the banks of Wounded Knee Creek. Eighty-three years later, 200 Oglala Lakota seized and occupied the town of Wounded Knee, South Dakota, for 71 days. In observance of the 40th anniversary of the occupation of Wounded Knee in 1973, the Center for Western Studies is seeking papers that will address questions related to Wounded Knee 1973, the 1890 massacre, as well as any and all aspects of Northern Plains American Indian history and culture. As always, papers on any subject related to Northern Plains history, literature, art, and archeology are welcome. Continuing Education Credit: Available through Augustana College. Contact Dr. Harry F. Thompson at [harry.thompson@augie.edu](mailto:harry.thompson@augie.edu). Submission Requirements: Send a one-page paper or session proposal with title, brief description, and biographical sketch, along with presenter name, address, phone number, and email address, to Tim Hoheisel, Director of Outreach and Promotion, the Center for Western Studies, Augustana College, 2001 S. Summit Ave., Sioux Falls, SD 57197 [tim.hoheisel@augie.edu](mailto:tim.hoheisel@augie.edu). **Proposals are due on or before February 10, 2012.** Please indicate whether you would also serve as a session chair. Registration Fee: \$45 if received by April 16, 2012 (\$50 thereafter). Registration is free for full-time undergraduate students of any college or university. Information about registration and meal costs will be available in March 2012. Please visit [www.augie.edu/cws](http://www.augie.edu/cws).

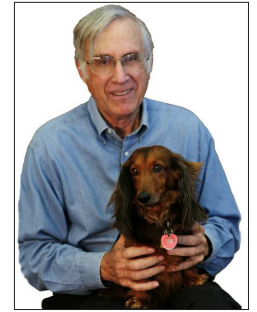
**Second Marxism & Psychology Conference**, which will be held from 9 to 12 August 2012, at the Universidad Michoacana de San Nicolás de Hidalgo, located in Morelia, Michoacán, Western Mexico. Like the first conference in Prince Edward Island, Canada, this second conference aims at bringing activists, students and scholars together to discuss exciting issues at the intersection of Marxism and Psychology. <http://www.teocripsi.com/marxpsyconference/index.php> General Email Address: / Correo electrónico general [marxpsyconference@gmail.com](mailto:marxpsyconference@gmail.com) People coming from Brazil or other Portuguese-speaking countries, may contact Raquel Guzzo: Gente que venga de Brasil o de otros países de habla portuguesa, puede contactar con Raquel Guzzo: [rguzzo@mpc.com.br](mailto:rguzzo@mpc.com.br)

**Graduate Student journal on Women's and Gender Studies CFP: Media(ing) Genders and Sexualities: Identity, Representation, and Politics in Media Intersections Fall 2012 Issue DUE: January 17, 2012** Intersections: Women's and Gender Studies in Review Across Disciplines is a graduate student publication welcoming work from current graduate students. We are committed to the interdisciplinary research of women's and gender issues and are affiliated with the Center for Women's and Gender Studies at the University of Texas at Austin. Contact: [intersections.journal@gmail.com](mailto:intersections.journal@gmail.com) URL: [intersections.utexas.org/](http://intersections.utexas.org/)

**This is a call for submission of short notes or research reports and other items of interest for the upcoming ISSS 2012 Bulletin to be published in end of January 2012.** These submissions will be published in the first section of the Bulletin, highlighting most recent work from the membership of ISSS. Submissions should be no longer than 1500 words (4 pages single spaced). For the bulletin, other items of interest are also welcome for the membership sections such as notices of future conferences, calls for papers for related peer-reviewed journals, new books, employment announcements, new courses, etc... Please email contributions to [isssoffice@dsl.pipex.com](mailto:isssoffice@dsl.pipex.com) Or by post to: ISSS Office 47 Southfield Road Pocklington York YO42 2XE United Kingdom **Please send all submissions to arrive no later than January 15, 2012.**

**My friends and colleagues, There is sage wisdom, when a project is involved, in the word "start".** This is a re-birth of an idea: a place for artists and scholars working in sacred, mythic, and ritual performance and theatre. A sacred dancing ground, of sorts. This is broadly stated, because it is an emergent multidisciplinary field ranging from the visual arts, writing, composition, to the study of shamanic practice and cultural expressions of the sacred, of folk-life and the ancient world (where it all began), to the creation of liturgy and, lest we forget, modern Pagan ritual and the artes magicales. The uniting thread is the performing arts: dance, composition, plays and play writing, performance art, and music. This work is not simply the "study of..." in order to create or acknowledge added knowledge, but a place also of wisdom. Of conversation: A word which means: "turning together". I will be accepting queries for publication in a POD edition to be published bi-annually entitled: "Roses and Wildflowers: Sacred Performance". It will not be free (as was the journal), but will be priced to cover my expenses as publisher/editor and to provide a small remuneration to the writers who are included. The copyrights and publication rights, except as they pertain to "Roses and

## FINAL WORDS



Wildflowers” will remain, thereafter, with the individual author. The first publication will not be themed, except as the accepted papers group themselves into five basic categories:

1. Folk traditions (medieval customs & holdovers, secular seasonal rituals such as morris, mummers plays, Noh)
2. Classic theatre of the Ancient world (Pre 200 C.E. Greece, India, Persia, Japan, China ... & etc.)
3. Ritual and Sacred Theatre and Performance (as example: Purim Shpiels, Hindu dance/drama [e.g.: Natya], re-creations of Eleusis in a sacred context, Passion Plays, traditional peoples and First Nations performance traditions, Pagan/Wiccan performance-rituals, and the historic works of mystic writer/creators [such as the Blessed Hildegard von Bingen].)
4. Theoretical and philosophical works that explore each of these areas from an epistemological standpoint and: (very importantly!)
5. Creative work. (liturgies, compositions, poetry, and at least one ritual play in its entirety)
6. Psychology & therapeutic use of drama and music as a sacred journey

While there is, at present, no set deadline for submission, one will be set within the next 3 weeks along with an official CPF which can be distributed. While I prefer to create this aspect of this project as a peer reviewed publication, I am prepared to go ahead without a review board, but will keep you posted as things develop. Eventually, it is my intention to create an interactive web area where artists and scholars may collaborate and share both knowledge and wisdom. Thank you all for your patience and support. The past issues of Coreopsis are at: <https://sites.google.com/site/myhandtheatre/> and <http://www.coreopsis.org>. should you need a copy of any given paper, both site have download (as pdf) and print options and a means to contact individual authors. Lezlie Kinyon, Ph.D., Editor Coreopsis A Journal of Myth and Theatre.

<http://www.coreopsis.org>

-return-

Here is what it means to me to be a humanistic scholar in the 21st century--

### PERSEVERANCE

I tossed a pebble in a lake,  
but not a ripple did it make.  
I felt defeated and alone,  
so next I heaved a giant stone.  
Again no ripple did occur.  
Aggrieved, I planned a bigger stir:  
I felled a tree and threw it in,  
expecting it would make a din,  
but deathly silence still descended.  
Have I such futile efforts ended?  
I try to stop and try again  
but from such efforts can't refrain.  
I fear you'll think I have no brains,  
for now I shriek at subway trains.

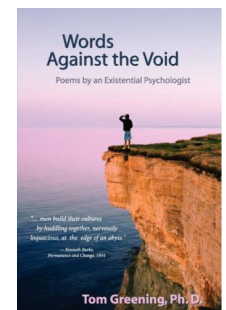
### TOM'S BIRTHDAY

The goofy gods convulsed with mirth  
when hearing of Tom Greening's birth.  
They laughed and cried and shrieked and moaned,  
they chortled, snorted, giggled, groaned—  
“Just when we thought life can't get worse  
this blight afflicts the universe.”  
But Tom's still here, and all agree  
this is a dire calamity.

A book of Tom Greening's serious and humorous poems,

“Words Against the Void,” is available from [amazon.com](https://www.amazon.com)

Other poems are at [www.tomgreening.com](http://www.tomgreening.com)



## OUR APPRECIATION

By [George Aiken](#), Director Of Alumni Relations

Our thanks to all who have worked with and helped us in so many ways. Although the names may change over time, we deeply appreciate each and every one of you.

### ALUMNI COUNCIL MEMBERS

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Joanne Zazzi, J.D., Ph.D.

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Hadassah Hoffman, Ph.D., A.D.T.R.  
Thomas A. Potterfield, Ph.D.  
Joan Hageman, Ph.D.

*-return-*

## INSTRUCTIONS FROM THE EDITOR

If any alumni would like to be featured, have your book or your article reviewed by one of our reviewers in an upcoming newsletter, or have announcements from either a PROFESSIONAL NEWS or SOCIAL CONNECTION focus, please email your request to me at [sayalumnewsed@gmail.com](mailto:sayalumnewsed@gmail.com). We welcome your requests and will strive to honor them as best we can.

**Next issue is Spring** - The submission deadline is March 15. It will be published on April 2. For questions and submission queries contact Lezlie Kinyon, Editor at [sayalumnewsed@gmail.com](mailto:sayalumnewsed@gmail.com)

These are the submission guidelines (and no other!) :

**Submissions** should be 400-600 words- longer pieces may be proposed and approved on a case-by-case basis. Submit either (for short pieces & letters) in the body of an e-mail or as an MS word.doc. NO PDF, DOCX, Word Perfect, or HTML submissions will be read. Send to: [sayalumnewsed@gmail.com](mailto:sayalumnewsed@gmail.com)

**Editorial style policy**- Double spaced between sentences, indented paragraphs. No embedded "texting" code. HTML tags limited. Full sentences in American English (unless prior approved by the ed.), gender-neutral language, use full names not "Brower says," and acronym, field-specific, or slang term usage severely limited. Possessive policy for proper names ending in "s": "Yeats' books" is correct, "Yeats's books" is not & will be corrected (every time!) by the Ed. Use of first names and an informal editorial style is encouraged for letters, announcements, and opinion pieces.

**APA use:** It is Saybrook's policy to use APA style, in most cases, this newsletter will also do so. However, this Editor, being of a literary bent, has a slight preference for MLA & flat out refuses to deal with the APA's 4th edition now that she has graduated. Since Yer Editrix is a kind of Goddess, her word on this subject is final and conversation on the subject will not commence. (Send complaints to: [no@nomail.com](mailto:no@nomail.com), letters to the Ed. can come to: [sayalumnewsed@gmail.com](mailto:sayalumnewsed@gmail.com)) So the policy is this: APA 3rd ed. if it has references - Chicago Manual is fine otherwise.

**Book reviews:** Include full Title & Author(s)'s name(s), page count, ISBN number(s), Full Publication information and a link to a place to buy the book and/or the author's webpage. -Yer Editrix

## NEWSLETTER PUBLICATION DATES

Spring Newsletter Submissions Deadline: March 15  
Publication Date: April 2

### MANUSCRIPT GUIDELINES:

- 400–600 words (Editor may approve longer)
- Microsoft Word version with .doc extension
- Informal tone (use first names throughout)
- Write in shorter paragraphs
- Avoid lists with semicolons in sentence
- jpg graphics (color, grayscale, black/white)

### NEWSLETTER STAFF:

Lezlie Kinyon, PhD '06, Editor

George Aiken, PhD '06 in Psychology, Assistant Editor

Heather Dermeyer, PhD '09 in Psychology, "Roving Reporter"

Laura Miriam, PhD '06 in Psychology, "Roving Reporter"

Sandy Olliges, PhD '08 in Human Science, "Roving Reporter"

Jerry Kurtyka, PhD '02 in Organizational Systems, "Feature Reporter"

Nanette Burton Mongelluzzo, Ph.D. '08, "Higher Ed Watch"

Scott Kiser, PhD '09 in Psychology, "Book/Article Reviewer"

Dassie Hoffman, PhD '02 in Psychology, "Book/Article Reviewer"

Ginger Charles, PhD '05 in Psychology, "Special Feature" Reporter

Shana Garrett, PhD '09 Copy Editor

Open Position, "Town Crier Announcer"

Open Position, "Feature Article Reporter"

Open Position, "Feature Article Reporter"

Open Position, "Book/Article Reviewer"