



LIOS GRADUATE COLLEGE OF SAYBROOK UNIVERSITY



presents

Lifelong Sexual Health Elective

For current LIOS students and alumni

Lifelong sexuality emphasizes the internal and experiential work of the health provider in order to enhance their ability to acknowledge and address their clients' needs in therapeutic settings.

By attending this class you will:

- Explore individual beliefs, experiences and cultural values that influence our perceptions of human sexuality
- Explore sexual function and dysfunction, including historical, as well as recent, research and practice of sex therapy
- Practice mindfulness in body awareness and one's own physical sense of sexuality
- Discover family of origin influences on our sense of human sexuality.
- Discuss common sexual complaints and develop strategies to address client complaints by using professional resources

This course is designed to be a foundational component to begin clinical work with sexual health issues. Interactive discussions will continue the development of a sexual self-identity from the required LIOS Human Sexuality curriculum. Information and resources covered will satisfy, in part, the Washington state requirements for licensure as a Licensed Marriage and Family Therapist (WAC 246-809-121), as well as American Association for Marriage and Family Therapy clinical membership (AAMFT Standard Didactic Area II Clinical Knowledge 320.06).

Instructor Bios



Dr. John Thoburn is a licensed psychologist and licensed marriage and family therapist in the state of Washington. He is an associate professor of clinical psychology in Seattle Pacific University's clinical psychology program. He teaches courses in individual, couple, and group psychotherapy, family psychology, and human sexuality. His research is in the areas of family psychology and international psychology.

Maria Dal Maso is a graduate of LIOS in Systems Counseling and a doctoral student in Seattle Pacific University's clinical psychology program. She facilitates relationship therapy groups, and her research is in the areas of interpersonal relationships, human sexuality and compulsive sexual behavior, and family therapy.



LIFELONG SEXUAL HEALTH ELECTIVE INFORMATION:

COURSE NUMBER:

SSC 6062

DATE:

June 15-17, 2012

TIME:

Friday, June 15, 5 pm-9 pm
Saturday, June 16, 9 am-9 pm
Sunday, June 17, 9 am-5 pm

REGISTRATION COSTS:

\$1,260 (1.5 semester credits)

WORKSHOP LOCATION:

LIOS Graduate College
4010 Lake Washington Blvd. NE
Suite 300
Kirkland, WA 98033
425.968.3400

REGISTRATION:

Complete form on back side and mail or fax it to LIOS. Our fax number is 425.968.3406.

Please visit us online to learn more about Results-Focused Communication, and InterAct: Skills for Adaptive Leadership.

www.saybrook.edu/lios



LIOS GRADUATE COLLEGE OF SAYBROOK UNIVERSITY



COURSE REGISTRATION FORM

LIFELONG SEXUAL HEALTH

Priority Deadline is February 15, 2012

**Submit this form by fax or mail: Fax 425.968.3406
Mail: 4010 Lake Washington Blvd. NE, Suite 300, Kirkland WA 98033**

Please print clearly. Participant contact information is required.

Name _____

Current Student? YES ___ NO ___; FALL ___ SPRING ___ (please check); Year in Program _____

LIOS Graduate: Yes ___ No ___ Year Graduated _____

Contact Address _____ City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____ Fax _____

E-mail _____

The registration form must be submitted by mail or fax. You will receive an e-mail confirmation when the form is received at LIOS offices.

PAYMENT INFORMATION

PAYMENT METHOD:

Current Students: If you will be registered during the Spring 2012 semester, tuition for the elective will be added to your student account for that semester.

LIOS Alumni: Once you are registered for the course, the business office will invoice you. Tuition is due by Feb. 29, 2012.

Tuition Cost: \$ \$1,260

For office use:

December 20, 2011

Dates: Registration received _____; Email confirmation sent _____; Payment processed _____;

Notes: _____