

Explore a new way to provide care

Driven by the progression toward outcomes-based health care, Integrative Wellness Coaching is quickly becoming recognized as an essential component of holistic treatment.

As a result, the job outlook for health educators and community health workers is expected to grow faster than the average for other industries*. In addition, patients are seeking practitioners who can deliver mind-body treatments that are at the core of Integrative Wellness Coaching.

Learn more at
Saybrook.edu

**BE A PART OF THE
NEXT GENERATION
OF HEALTH CARE**

Integrative Wellness
Coaching



*www.bls.gov/ooh/community-and-social-service/health-educators.htm

The Learning Model



Saybrook has been an innovator in distance learning since the '70s. The majority of coursework is conducted online, so students can live and work anywhere in the world as they engage faculty and peers. In addition, Saybrook offers residential conferences where students and faculty have the opportunity to meet, interact, and build professional and personal relationships.

Guided by practitioner faculty, students learn how to integrate evidence-based approaches to enhance health-related outcomes in people suffering from chronic illness.

Programs in Integrative Wellness Coaching

- *Ph.D. in Mind-Body Medicine, Specialization in Integrative Wellness Coaching*
- *M.A. in Integrative Wellness Coaching*
- *Certificate in Integrative Wellness Coaching*

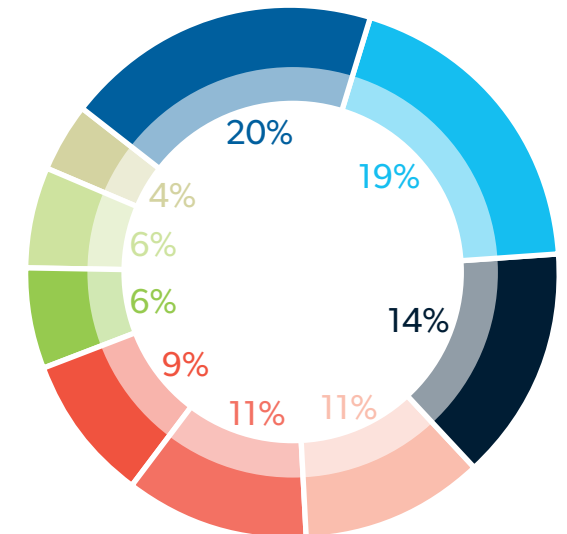
Licensed practitioners will have the opportunity to expand their existing practices to include more holistic approaches to treatment. In addition, others will be able to apply what they have learned to a career in the following areas:

- *Certified wellness coaching*
- *Health education*
- *Community health*
- *Nonprofit and for-profit organizations*

“ I am confident that though the classwork and curriculum will be challenging, it will be equally gratifying and will lead to personal growth and professional advancement.”

—Dr. Donald Moss, Dean, College of Integrative Medicine & Health Sciences

OUR ALUMNI HAVE CAREERS IN A WIDE VARIETY OF AREAS



* Percentages are based on 2017 student and alumni data gathered from LinkedIn.com